THIS ISTANBUL DISTRICT 109 CONFERENCE











10 - 12 MAY 2024 | ERESIN TOPKAPI | ISTANBUL CONFERENCE GUIDE



WELCOME TO ISTANBUL!

TOP SIGHTS

The Galata Tower

The Galata Tower, officially the Galata Tower Museum, is an old Genoese tower in the Galata part of the Beyoğlu district of Istanbul. Built as a watchtower at the highest point of the (lost) Walls of Galata, the tower is now an exhibition space and museum, and a symbol of Beyoğlu and Istanbul.

The Basilica Cistern

The Basilica Cistern or Cisterna
Basilica, is the largest of several
hundred ancient cisterns that are
located on the historical peninsula
of Istanbul. It was built in the 6th
century during the reign of
Byzantine emperor Justinian I.
Today it only has a small amount
of water, and offers public access
inside.

Hagia Sophia

Hagia Sophia is a place of worship and a major cultural and historical site in Istanbul. The last of three church buildings to be successively erected on the site by the Eastern Roman Empire, it was completed in 537 AD. The site was an Eastern Orthodox church from 360 to 1204, when it was converted to a Catholic church following the Fourth Crusade. In 2020, the site once again became a mosque.



LOCAL TOASTMASTERS RECOMMEND

ARTS, CULTURE & DESIGN



Türkiye's first museum of modern and contemporary art, Istanbul Modern mediates the sharing and transfer of our country's artistic heritage on a global scale and brings together artistic productions from various geographies in Istanbul.



Located on the southern shore of Golden Horn, Balat is one of the oldest and most spectacular districts of istanbul. Famous for its historical heritage, colorful streets, various churches, and synagogue.



The Pera Museum is located in the historic building of the former Bristol Hotel, which was designed by architect Achille Manoussos and built in 1893. The Pera Museum hosts regular, international exhibitions on loan, in addition to holding permanent collections of Orientalist Paintings, Anatolian Weights and Measures, and Kütahya Tiles and Ceramics.



The Salt Galata building was designed by French-Levantine architect Alexandre Vallauri to house the headquarters of the Imperial Ottoman Bank (1892-1999). This unique space was opened in 2011 and houses not only the Ottoman Bank Museum Collection, but an Auditorium, library and research areas.



Dolmabahçe Palace, located in the Beşiktaş district of Istanbul, served as the main administrative centre of the Ottoman Empire from 1856 to 1887 and from 1909 to 1922. The founding president of Türkiye, Mustafa Kemal Atatürk, spent the last days of his life in the palace



A fun and innovative way to understand the history of Istanbul and some of Turkiye's most important areas can be visited in a park covering an area of 60,000 square meters. There are replicas of two lost Wonders of the Ancient World, the Temple of Artemis and the Mausoleum of Halicarnassus.

LOCAL TOASTMASTERS RECOMMEND

FOOD & DRINK

Istanbul's cuisine is an amalgamation of southeast European staples and Middle Eastern tastes. The result? A delightful assortment of dishes and drinks that are different from anything else you'll find in the world.

Meze: A huge part of Turkish cuisine is the starters and appetisers – a variety of small dishes served together to, essentially, create a main meal. These small dishes of deliciousness are referred to as meze (or mezze).

Künefe: This cheese pastry dish is a traditional recipe found in many Arab cuisines – often under the name 'kanafeh'. Despite the savoury cheese element, künefe is a dessert. The cheese is sandwiched between two sheets of stringy pastry known as tel kadayıf.

Typical drinks in Istanbul:

Rakı: Wherever there is meze, there is rakı. Known as Turkey's national alcoholic drink of choice, rakı is an aniseed-flavoured beverage that goes hand-inhand with meze.

Ayran: Perhaps Turkey's most treasured nonalcoholic drink, ayran is a summer must-have. Containing no sugar, this refreshing beverage is a blend of water, cold yogurt and salt.

Salep: While ayran is for summer, salep is perfect for drinking in the winter months. Originally made from the tubers of orchids, salep is also created with artificial flavouring.











OTHER TIPS



The Grand Bazaar is one of the largest and oldest covered markets in the world, with 61 covered streets and over 4,000 shops. In 2014, it was listed No.1 among the world's most-visited tourist attractions with 91,250,000 annual visitors.

Istanbul has a lot to offer!

If you decide to explore the city on your own, consider using public transport:

1) IstanbulKart: You can purchase an IstanbulKart for €2.01 (70 Turkish Liras) and top it up as needed for your travels.

2) Pre-Loaded Cards: For simplicity and convenience, you can buy these pre-loaded card options:

- ONEpass Card: €0.72
- FIVEpass Card: €3.02
- TENpass Card: €5.74

3) Istanbul City Card: You can explore the Istanbul City Card for a comprehensive travel experience:

- 1 Day Unlimited Pass: €9.91
- 3 Days Unlimited Pass: €19.53
- 5 Days Unlimited Pass: €38.77



THE CONFERENCE

WEDNESDAY

Preconference Program

Own the Stage LIVE Coaching

19:00, Free

How serious are you about becoming a better speaker?

Are you confident enough to hear the truth?

You can't become great on your own. To go from GOOD TO GREAT, we need feedback from a higher level. In 2001, Darren LaCroix outspoke 25,000 contestants from 14 countries to become the World Champion of Public Speaking. Not bad for a guy who bombed miserable in comedy club 9 years earlier.

- Do you have the courage to be coached? (Darren will be asking for volunteers to deliver a story and get world-class feedback. FYI, Darren gets paid \$600 an hour for coaching)
- Darren admits there is NO WAY he could have won without a Speaker Coach. He actually had 2. One coach, Mark Brown, the 1995 World Champion, gave him the exact opposite advice as everyone else. Champions think differently.

From decades of coaching speakers and executives around the world, you'll walk away with: √ Essential "Must Haves" for your speech.

√ Critical Mistakes that most presenter make.

 \checkmark A World-class coaching checklist to evaluate with.

Ever witnessed live, world-class coaching? Be ready. You might just be on stage getting coached. After this session, you will never look at speaking the same way again, Darrenteed!









THE CONFERENCE

THURSDAY 9/5

Preconference Program



Istanbul Tours

09:00 - 12:00, own expense

Istanbul is fascinating, and comes with a rich history spanning over 5000 years. Straddling two continents, it is a must-visit destination. There are 5 different walking tours offered to discover the city and learn more about it.



- Balat & Fener Walking Tour (Easy Access by Ferry)
- Hidden Tastes of Istanbul
- Istanbul: Back Doors and Hidden Places! Free Photo Walking
- Taksim to Galata Tower through Istiklal Street
- 2 Continents 1 City from Europe to Asia Free Tour



Workshops

14:00 - 18:00, own expense

Famous local and internationally-known artists provide art workshops in which to indulge yourself and practise different creations and styles.



THE CONFERENCE

FRIDAY 10/5

Preconference Program



Workshops

09:00 - 12:00, own expense

Famous local and internationally-known artists provide art workshops in which to indulge yourself and practise different creations and styles.



Historical Peninsula tour

13:00 - 17:00, own expense

A trip to Istanbul's historical peninsula, a region full of must-see historicalsites and the city's most famous museums and landmarks. The gems of the old city we will witness with that tour are as follows; Topkapı Palace, Hagia Sophia, Blue Mosque and Hippodrome Square. Are you ready to travel to the past in the Historical Peninsula, which bears traces of the Ottoman and Eastern Roman periods?



DTM RECEPTION

19:00, invitation only

The DTM reception is an exclusive event that celebrates and connects Toastmasters who have achieved the highest educational award.



SOCIAL DINNER

20:30, own expense

Indulge in different flavours and local delicacies during our special social dinner. Connect with fellow conference attendees over delicious food and Raki for an unforgettable evening.

AGENDA AT A GLANCE

SATURDAY		11th May 2024
08:00 - 09:00	Registration	
09:00 - 09:15	Opening Ceremony	
09:15 - 09:50	Keynote Verity Price - Think Ahead of the	e Crowd
09:50 - 10:15	Break - refresh & network	
10:15 - 12:00	Contest International Speech Contest	
12:00 - 14:00	Lunch break	
14:00 - 14:05	Welcome back	
14:05 - 14:30	Keynote Jean Gamester - Stepping up	
14:30- 16:00	Contest Evaluation Speech Contest	14:30 - 15:15 Workshops 15:15 - 16:00 Workshops
16:00 - 16:30	Break - refresh & network	
16:30 - 17:30	Contest Table Topics® Speech Contest	16:30 - 17:15 Workshops 17:15 - 18:00 Workshops
17:30 - 18:00	Margherita Brodbeck Roth - Emb Shift from 'Me' to Collective Cultu	•

Note: All the contests, keynotes are broadcasted online



GALA DINNER

20:30, Topkapi Salon

A glamorous evening of celebration and entertainment at the Topkapi Salon, featuring the Awards Ceremony, humour, fine dining, and networking with Keynote Speakers, and conference attendees.

SATURDAY WORKSHOPS

Room: Burç (excel together

Leadership

Room: Diba (learn together)

Communication

14:30 - 15:15

Who are you?

- Thorsten Enderlin & Brigitte Herzog

Cosmopolitan Communication: speaking across and with all cultures

- Ramin Kaweh

15:15 - 16:00

Become Botproof! Are you ready?

- Christina Yap

LinkedIn Mastery: how to create, connect, and communicate

- Yulia Fedorenko

16:30 - 17:15

Follow your passion

- Ali Parandeh Zandpour

How to succeed at networking without really trying

- Leonilda Renaldo

17:15 - 18:00

The power of confidence and assertiveness

- Sylvicley Figueira da Silva

Peacemasters. How to foster an environment where people feel free to speak up

- Aleksandra Lewandowska



08:30 - 09:00	Welcome			
09:00 - 09:45	Keynote Workshop Verity Price - 4 Steps to a Winning Speech			
09:45 - 10:00	Break - refi	resh & network		
10:00 - 10:40	Stage Time	Speaking Pop-up	10:10 - 10:40	Workshops
10:50 - 11:30	Expert Panel	Where Are Leaders Made?	10:50 - 11:30	Workshops
11:30 -11:45	Break - refr	esh & network		
11:45 - 12:30	Keynote	Ali Parandeh Zandpour - Spe	ak from your Heart	
12:30- 13:00	Closing Ceremony & Photos			
13:00	End of The	e Offical Program		

Note: All Sunday sessions take place in the plenary room and are broadcasted online.

SUNDAY WORKSHOPS

12th May 2024

	Room: Burç (excel together	Room: Diba (learn together)
	Leadership	Communication
10:00 - 10:40	How to say 'no' more often. Get heard with stronger boundaries - Jessica Breitenfeld	Beneath the surface: Delving Into the layers of effective communication - Anastasia Salichou
10:50 - 11:30	Oozing Confidence: Embracing the art of role taking - Margherita Brodbeck Roth & Hilarie Burke	

SATURDAY KEYNOTES



THINK AHEAD OF THE CROWD Verity Price

Number one priority for organizations right now? The ability to think differently about the present, in order to create success in the future!

If you have goals that require different results in your business, then this keynote is for you.

As one of the first online crowd-funders in the world, Verity has shared this entertaining keynote globally and on TED, and it never fails to deliver. She takes audiences on her journey of using strategic thinking to challenge music industry norms and shares the mindset and thinking she used to overcome her obstacles.

Key Takeaways:

- Why embracing a growth mindset is so vital
- Extraordinary problems require extraordinary questions
- A framework for thinking differently
- Action is the only way to achieve success
- How to generate ideas of value



STEPPING UP

Jean Gamester

Why step up to lead and support others? In this keynote speech, Jean will share Toastmasters stories of personal and professional success as well as tales of gratitude and giving back.

SUNDAY HIGHLIGHTS



PLENARY WORKSHOP: 4 STEPS TO A WINNING SPEECH

Verity Price

How champions write and approach contest speeches. While every winning speech is unique, there are common tricks and techniques that winning speakers use. Journey with Verity as she uncovers the secret to writing a delivering a winning speech. To make the learning really land, she uses examples of previous World Champion speeches so that you can see the theory in practice. This masterclass includes Q&A to ensure the audience gets as much value as possible.



CLOSING KEYNOTE: SPEAK FROM YOUR HEART

Ali Parandeh Zandpour

Ali will start by delivering his 2nd place 2021 District 107 speech, "Out of Sight, Out of Mind" It is a call for the plight of refugees worldwide.

He will then dedicate some time to talk about Migration, Immigration & Refugees, linked with his life, Turkey and what we can do about the situation.

He will explains what it means to speak from heart and how others can do the same and why they should.



MEET THE SPEAKERS

KEYNOTE SPEAKERS



Verity Price

World Public Speaking Champion 2021

Way back in 2005, Verity started her journey as the first South African musician with the tenacious foresight to get online crowdfunding for an album she hadn't even recorded yet.

Then in 2021 and Verity's had another big first – first speaker from Africa to ever be crowned the World Champion of Public Speaking and the 6th woman in history. In 2023, Verity achieved another first when she became the first speaker from Africa and first female World Champion to ever be awarded the Accredited Speaker designation.

Her talent for 'acting out the box' rather than merely 'thinking out' of it, has brought international success for Verity, speaking globally on innovation and thinking differently, which includes two TEDx Talks.



Ali Parandeh Zandpour

Entrepreneur

Ali studied Biotechnology and Genetic Engineering at university and he always kept his passion for the world of computers and programming. Over the past 25 years, he has started, sold and closed several businesses. Ali is a serial entrepreneur who believes that passion and vision are the two most important ingredients for a successful startup.

He is currently mentoring at numerous incubators/accelerators, and board advisor at several Startup companies. He is a motivational speaker and covers topics of entrepreneurship and startup.

Ali is an advocate of free movement and a world without borders for refugees and immigrants. Ali dedicates a portion of his time to supporting migrants and refugees.



MEET THE SPEAKERS

KEYNOTE SPEAKERS



Jean Gamester

International Director Region 10

Jean Gamester is a member of the Toastmasters International Board of Directors. She is International Director for Region 10. She is a business school lecturer at The Open University in the United Kingdom. She educates on leadership, strategy, change, creativity, and innovation. Jean has international, multi-cultural, and multi-sector corporate change and leadership experience that includes companywide strategy development, consulting, we well as leading change technology, organizational development and culture. She has worked in the public, private and not for profit sectors. She holds a Master's degrees in Human Resource Management and in Economics. Currently pursuing a professional doctorate in organizational change.



Margherita Brodbeck Roth

District 109 Director

Margherita holds an MSc UZH in geography, political sciences and history and an MBA. She works as a data quality program manager and is fluent in five languages. A Toastmaster since 2016, she has served as Area Director, Club President, VPE, VPM, VPPR, Secretary and SAA, and as a mentor and trainer. In conclusion, Margherita loves travelling around the world virtually and, time permitting, in person to experience the many vibrant and diverse Toastmasters communities.

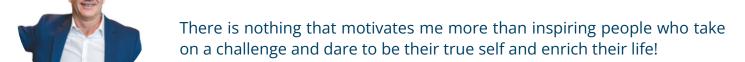
Margherita Brodbeck Roth, DTM has lived and worked in Europe and the USA, has significant experience building and leading multicultural and inclusive teams, and a track record of selling and delivering projects with multi-million USD contracts. Her proven ability to manage and develop strong leaders in challenging environments going through dynamic changes quips her uniquely in her work as a leadership and entrepreneurial advisor and coach.



Who are you?

Thorsten Enderlin - Coach & Brigitte Herzog - Coach

Daughter, Sister, Aunt, Mum, Hiker, Camino de Santiago de Compostela pilgrim. A late bloomer by nature, an active listener, an intuitive person, for whom quitting has become a superpower. I embrace multiple roles and since 2006 working at Roche where I pursue a fulfilling career in learning and development. Certified Co Active coach, ICF PCC, LCP practitioner, Business constellation coach





Communication Track

Cosmopolitan Communication: speaking across and with all cultures

Ramin Kaweh - Founder & Managing Director of "Nexus Consulting"

Ramin Kaweh joined Toastmasters in Geneva in 2019. Since then, he has constantly held club leadership roles, including Club President, as well as taking an active and very successful part in competitions at club up to District level. Ramin is a Team Trainer, and the Founder and Managing Director of "Nexus Consulting", a Team-Building company, providing services for many UN and 50+ international organisations, 40+ private sector companies, specialising in collaborative leadership for multicultural teams and team-building.







Follow your passion

Ali Parandeh Zandpour - Entrepreneur

A workshop on finding your passion and how to start your speaking career or any business to build your dream life.



Communication Track

How to Succeed at Networking Without Really Trying

Leonilda Renaldo - Coach

You can only be what you see. What are you seeing every time you lead or communicate? Comparison, lack of preparation, lack of self confidence, the feeling of not belonging are barriers to communicating confidently in business situations. In this workshop, Leonilda wil provide 3 easy-to-implement tools that every business professional can take with him or herself to the conversations that will get them paid, promoted and recognised.



Session Assessment





Become Botproof! Are you ready?

Christina Yap - Senior HR professional

Generative AI has taken the world by storm and is rapidly transforming the way we do business. What are the leadership skills required to succeed in this new era? What skills do leaders need to acquire or develop to surf the wave?

It's time to sink, swim or surf. Are you ready to future proof your leadership skills? If so, come and join this workshop to discuss strategies for building your surfboard. Become future proof by becoming botproof!



Communication Track

LinkedIn Mastery: How to Create, Connect, and Communicate

Yulia Fedorenko - Communications expert

This workshop aims to help participants master LinkedIn and stand out from the crowd. It will offer practical advice on how to create a compelling and optimized profile, build a strong and diverse network, and write engaging and informative posts. By the end of this workshop, the participants will be able to:

- Understand the benefits and key features of LinkedIn, and how it can help them achieve their personal and professional goals, including as public speakers.
- Create a compelling profile that highlights their achievements, skills, and personality as public speakers.
- Develop a strong and diverse network of connections, and interact with them effectively.
- Write engaging and informative posts that showcase their expertise, insights, and value.



Session Assessment





The Power of Confidence and Assertiveness

Sylvicley Figueira da Silva - Professor

In this workshop, Sylvicley will share invaluable insights and strategies that can empower individuals to become more effective and influential leaders. Sylvicley eagerly anticipates the opportunity to engage with the audience and embark on this empowering journey together.



Communication Track

Peacemasters. How to foster an environment where people feel free to speak up

Aleksandra Lewandowska - Inspirational speaker, public speaking trainer, TEDx coach and dubbing actress

Just because we don't hear the music, doesn't mean no one is playing it. What is psychological safety and why is it an absolute must in your leader's toolbox? In today's turbulent times, how do you foster an environment where people feel free and safe to speak up? In this session we will explore what a leader can do to help people be more open to feedback and sharing their ideas.



Session Assessment





How to say 'no' more often. Get Heard with stronger boundaries

Jessica Breitenfeld - Motivational Humorist Speaker

An interactive, fun and insightful, intrapersonal and emotional intelligence-focused workshop workshop that would help participants practise assertive body language and voice. As it's so international, it would be fascinating how the cultures say 'no' and we can walk in another person's shoes with 80% activities in small groups and 20% of Jessica explaining how to gain more power and confidence in your body and voice.



Communication Track

Beneath the Surface: Delving Into the Layers of Effective Communication

Anastasia Salichou - Transformation Coach Healer

How often have we found ourselves in situations where tension escalated unexpectedly, leaving us bewildered about its origin? Or perhaps we've struggled to prevent conflicts sparked by seemingly trivial reasons? Yet, consider the remarkable experience of being in the company of individuals who intuitively grasp our needs and desires, even when we are unable to articulate them ourselves. It's a profound connection that illustrates the power of understanding beyond words. Being able to listen for the actual meaning behind the words people say is a skill of powerful leaders who are able to move and inspire others and create deep collaboration and trust.



Oozing Confidence: Embracing the Art of Role Taking

Margherita Brodbeck Roth - District 109 Director & Hilarie Burke - Multifaceted Artist

While method acting can enhance leadership skills, not all method actors will automatically become great leaders. However, the skills and mindset cultivated through method acting can complement and strengthen leadership capabilities.

Method acting involves actors immersing themselves deeply into the emotional and psychological aspects of their characters. This capability can potentially make someone a better leader. By exploring some techniques, you will start to understand the perspectives of others better by tapping into their emotions and experiences, you will improve your communication skills through practising rehearsals and immersing yourself in different characters, and tap into your creativity on how to engage with challenging situations.









Session Assessment



Where Are Leaders Made?

In our panel facilitated by AD Pietro Ferrari, we have people who took different levels of leadership roles in Toastmasters and will discuss how this helped them develop their leadership skills.



Pietro Ferrari - Moderator

Italian-born, Swiss resident since 2014. Holds a Masters in Physics Engineering. Experienced in software development, project management, and healthcare innovation. Certified Project Manager and Lean Six Sigma practitioner. Active Toastmasters member since 2021, now a candidate for Area D2 director. Fluent in English, Italian, and French. Enjoys running, paddle tennis, and swimming in beautiful Geneva Lake.



Jean Gamester

International Director, Region 10

Jean Gamester is a member of the Toastmasters International Board of Directors. She is International Director for Region 10.



Olga Berejneia

Life Science Professional

Olga joined Toastmasters International in 2009 and since then has been continuously growing both professionally and personally through serving in many Club, Area, Division, and District level roles in the USA and Switzerland where she currently resides. Olga deeply appreciates all the opportunities TMI brings and really enjoys meeting and connecting with many talented, supportive, and inspiring fellow Toastmasters from many different cultures and walks of life. In her free time Olga enjoys travel, history, gardening & most of all people.



Brigita Tomas

Soft skills trainer and mentor

Brigita Tomas, DTM, has been a Toastmasters International member since 2015. During those eight years she was always a very active member and she served as VPE, President, Area Director, Division Director. Currently is serving as a Secretary of her home club in Slovenia and as Program Quality Chair in District 109 in which her goal is to encourage more Clubs to fully acknowledge the potential of the Distinguished Club Programme.

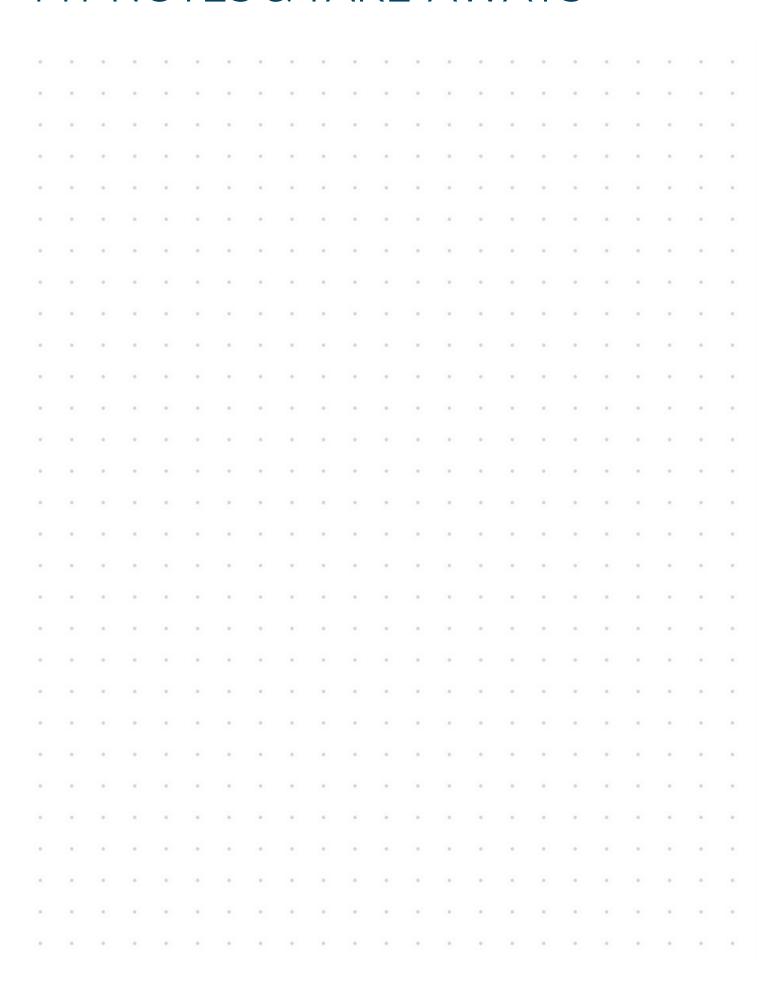


Giannis Kanlis

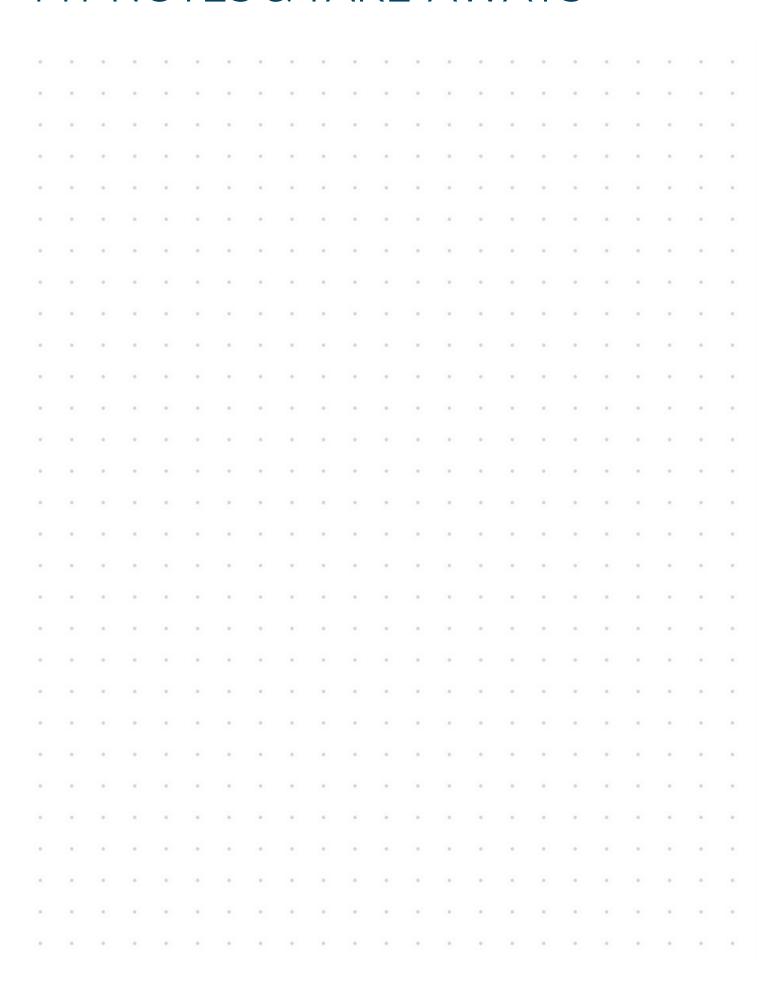
Economist and Senior Navy Officer

Ioannis has an MBA in financial management and a Master's in Economics and Security Studies, both with highest honours. He currently manages the Hellenic Navy Defence Investment Budget Department and a multi-billion portfolio of defence assets and programs.

MY NOTES & TAKE-AWAYS



MY NOTES & TAKE-AWAYS



Useful Information

Emergency Numbers

Ambulance (it is a generic number covering all of the below)	112
Fire Brigade	110
Police	155
Coast Guard	158
Forest Fires	177
Loss of Children, Assistance for Women	

Travel Insurance

Türkiye is mostly in Asia and only a small part in Europe. Istanbul is on both continents. Please follow up with your travel insurance (accident, illness, etc.) to ensure you are covered appropriately, both on the European and Asian sides.

Taxi / Airport Transport

Taxi stations close to the conference hotel:

Barcelo Eresin Taksi - +90 536 9359813

Akgün Istanbul Hotel Taksi - +90 212 5344879

Uber can be used in Istanbul, all Uber cars are regular taxis.

Conference Hotel

Eresin Hotels Topkapı

Mevlanakapı, Turgut Özal Millet Cd No:186, 34104 Fatih/İstanbul, Türkiye

Phone +90 212 631 12 12

Fax +90 212 631 3702

What's App +90 533 738 9616

Web: https://www.eresin.com.tr/tr/eresintopkapi

Electricity

Türkiye uses plug types C (two round pins and plug) and F (2 round pins with two earth clips on the side). Türkiye operates on a 230V supply voltage and 50Hz.

Foreign Representations:

Consulate General of Republic of Austria Istanbul

Köybasi Cad. No. 46, 34464 Yeniköy, İstanbul, Republic of Türkiye

Phone: +90 212 363 84 10 Fax: +90 212 262 26 22

Email: istanbul-gk@bmeia.gv.at

Web: https://www.bmeia.gv.at/gk-istanbul

Consulate General of the Republic of Bulgaria

Address: Ahmet Adnan Saygun Cd. № 34, Ulus- 2.Levent, 34340 İstanbul, Republic of Türkiye Hotline for response to emergency and crisis events and humanitarian cases: +90 549 7921529

Phone: +90 212 281 01 15 Fax: +90 21 2264 10 11

Email: Consul.Istanbul@mfa.bg

Web: https://www.mfa.bg/en/embassies/turkeygc2

Useful Information

Embassy of Republic of Cyprus (the Republic of Cyprus has no representation in Türkiye)

Address: Str. Petofi Sandor nr.2, Sector 1, 011406 București, Republic of Romania

Phone: +40 314336290 Fax: +40 21 223 04 56

Web: http://www.mfa.gov.cy/mfa/Embassies/embassy_bucharest.nsf/index_en/index_en?OpenDocument

Consulate General of the Hellenic Republic in Istanbul

Address: Turnacibaci Sokak 22-Beyoglu 34433, İstanbul, Republic of Türkiye Tel.: (0090212) 3938290-1-2, 3938294, Emergency number: +905436819907

Fax: +90 212 252 1365

E-mail: <u>grgencon.kon@mfa.gr</u> Web: <u>www.mfa.gr/istanbul</u>

Consulate General of the State of Israel in Istanbul

Levent Mahallesi Cömert Sokak, Yapı Kredi Plaza C Blok Kat:7, Levent / İstanbul 34330, Republic of Türkiye

Phone: +90 212 317 65 14 / +90 212 317 65 19 / +90 212 317 65 21 / +90 212 317 65 88

E-mail info@istanbul.mfa.gov.il / consular4@istanbul.mfa.gov.il / consul@istanbul.mfa.gov.il

Web: https://embassies.gov.il/istanbul/Pages/default.aspx

Consulate General of the Italian Republic

Tom Tom Kaptan Sokak 5, 34433 Beyoglu / İstanbul, Republic of Türkiye

Phone +902122431024 / +902122431025

Fax. +902122525879

E-mail: consolatogenerale.istanbul@esteri.it / con.istanbul@cert.esteri.it

Web: https://consistanbul.esteri.it/it/

Consulate General of the Republic of Malta

Address: Ferko Signature, Esentepe Mah. Büyükdere Cad., No: 175 A Blok Ofis: 14 Kat: 2, Şişli/Istanbul, Republic of

Türkiye

Phone: +90 (212) 311 12 12

Emergency Phone: +90 552 983 2515

Fax: +90 (212) 311 12 0

Email: maltaconsulate.istanbul@gov.mt

Web: https://missionsforeign.gov.mt/en/Embassies/ME Ankara/Pages/The-Consulate-General.aspx

Honorary Consulate General of the Republic of San Marino

Address: UBA Sitesi C/ Blok D2, Kültür Mahallesi, Arnavutköy Yolu No:4. Etiler – Beşiktaş, İstanbul, Republic of Türkiye

Phone:+ 90 216 3720200 Fax: + 90 216 3720226

E-mail: sanmarino@morova.org

Web: https://www.esteri.sm/pub1/EsteriSM/Dipartimento/Rete-Diplomatica-e-Consolare-RSM.html

Consulate General of the Republic of Slovenia

Yapi Merkezi, Haci Resit Pasa Sokak No. 7

34676 Camlica, İstanbul, Republic of Türkiye

Phone +902163219000

E-mail: <u>basar@ym.com.tr</u>

Web: https://www.gov.si/en/countries/tuerkiye/representations/

Consulate General of the Swiss Confederation

1.Levent Plaza, A-Blok Kat:3, Büyükdere Cad. No. 173, 34394 Levent İstanbul, Republic of Türkiye

Phone: +90 212 283 12 82 Fax: +90 212 283 12 98

Email: istanbul@eda.admin.ch

Web: https://www.eda.admin.ch/istanbul

BROUGHT TO YOU BY

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Alexia Fortez



Burcu Ünal Erdoğan



Turan Tanin



Margherita Brodbeck Roth



Meltem Sahin



Tarek Desir



Nurbanu Şahan



Meltem Altinay



Sara Banu Akkaş



Harry Loots



Nigel Thew



Godela U. Bittcher



Karina Castella



Mario Plasencia



Deniz Senelt Kalelioglu



Özgün Kaplama



Bill Vardas



Neslihan Özer



DISTRICT 109 Stand Out, Speak Up! Show Your Toastmasters Spirit with the District 109 Conference T-Shirt in Istanbul.



Attending the Toastmasters District 109 Conference?

Buy a T-Shirt to show your support, commemorate your participation, and connect with like-minded individuals. Wearing a conference T-Shirt can also boost your confidence and contribute to the continued success of Toastmasters events and initiatives. Plus, it's a stylish addition to your wardrobe. Remember, purchasing a conference T-Shirt is an investment in yourself and the Toastmasters community.

Conference Feedback Form

Please <u>click here</u> or scan the QR code to provide feedback for your overall experience.



UNDERSTANDING COMES THROUGH COMMUNICATION AND THROUGH COMMUNICATION WE FIND THE WAY TO PEACE.

Ralph C. Smedley (The Founder of Toastmasters International)